

Create change

Student Futures Team, Faculty of Humanities and Social Sciences

HASS CONNECT MENTORING PROGRAM

GUIDELINES FOR MENTEES



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Build Confidence. Broaden Understandings. Make Connections.

HASS Connect aims to bring together established HASS alumni with HASS students, to help empower students to explore their career options and goals. As a mentee, you would gain guidance over eight weeks through a one-to-one mentoring relationship to help you gain a deeper appreciation of how your academic studies can be applied in the workplace.

HASS Connect aspires to build confidence in students to identify their potential career pathways, increase their professional networks, broaden their understandings of their transferable skills and knowledge, and expand their ability to articulate their employability to others.

WHAT IS MENTORING?

Mentoring is an encouraging, supportive and professional relationship that can have profound effects on both the mentees and mentors.

An effective mentoring relationship is underpinned by the values of respect, reciprocity and a growth mindset. The relationship is a space of honest communication, listening with an open mind and valuing differences. It is important to recognise that mentoring has mutual benefits for everyone involved, and is about people learning with and through one another.

THE PROGRAM

HASS Connect will run over eight weeks (August - October 2018) and will be facilitated by the Student Futures team. Throughout the program, the mentor and mentee will work together to drive the learning experience through a minimum of four face-to-face meetings.

As a mentee, you will also be involved in a series of workshops, networking events, and information sessions that will help enable you to make the most of the experience.

STAGES OF THE PROGRAM

- A compulsory induction - an introduction to the HASS connect mentoring program
- Strengthfinder workshop - identify your strengths and explore how to apply them
- Connect with your mentor - reach out and introduce yourself
- Attend a launch networking event – meet your mentor in a safe and supportive environment
- Mid-way check-in - a chance to let us know if you have any concerns
- Reflection and feedback – complete an exit survey sharing your experiences and feedback for improvements
- Celebration – attend a networking celebration event with your mentor at the conclusion of the program

Each element of the program has been designed to help you increase your understanding of your potential future pathways, and help build your confidence to start building it.

The time commitment expected from each mentee will be approximately 16 hours over the semester.



EXPECTATIONS OF MENTEES

It is expected that you will be committed to the full duration of the eight weeks, and be motivated to immerse yourself within all elements of the program. As a mentee, it is expected that you:

- Initiate contact with your mentor
- Meet one hour per fortnight over the eight week period
- Meet face to face, but we understand that this is not always possible and it may be easier to connect via phone/skype on occasion
- Meet your mentor in a safe environment e.g. on campus, at their workplace, in a neutral location such as a café
- Communicate your expectations: Set up a mentoring agreement with your mentor outlining expected communication methods, frequency, topics and goals
- Think about your goals before meeting with your mentor
- Negotiate activities in order to achieve your goals
- Learn to accept feedback in a constructive way
- Remain open-minded and embrace the learning opportunity

EXPECTATIONS FROM MENTORS

- Respect your mentors privacy and confidentiality when they are sharing their experiences: Do not disclose information without their consent
- Keep your scheduled appointments
- Refrain from contacting your mentor excessively, understand that they are a busy professional
- Maintain a professional manner and respect professional boundaries
- Show appreciation, remember that your mentor has volunteered their time to help you

ELIGIBILITY

Places are limited. To participate you must:

- Be enrolled in a HASS undergraduate degree (including dual degree students and honours students)
- Be in your second year or above (have completed at least 16 units in your program)

The team will evaluate your suitability based on your application responses and are looking for applicants who:

- Can clearly articulate their motivations for being part of the program
- Can clearly outline their expectations of what they will achieve in the program
- Can outline their career goals

Preferences will be given to students who are in their final year of study.

HOW TO APPLY

You can complete an online application through your StudentHub account via:

<https://studenthub.uq.edu.au/Form.aspx?id=2022215>

You will be required to upload supporting documentation, including:

- Your unofficial transcript (available through Sinet)
- Your resume

Applications will close at 11:59pm Wednesday, 25 July 2018.

HAVE A QUESTION?

For more information or if you have any questions please contact the HASS Student Futures team via: studentfutures@hass.uq.edu.au.

