

HASS CONNECT MENTORING PROGRAM

BUILD CONFIDENCE. BROADEN UNDERSTANDINGS. MAKE CONNECTIONS.



MENTEE RESOURCE: SUGGESTED TOPICS, QUESTIONS AND ACTIVITIES

As a mentee, you are responsible for driving the relationship and topics for discussion. This document contains a list of questions/topics that you may wish to cover with your mentor during the mentoring relationship. Please note this is only a guide to assist with planning and that many other topics may come up during the course of the program, which is certainly encouraged.

MENTOR'S EXPERIENCE

- Ask your mentor about what program and courses they studied at university. Share with your mentor what courses you are currently studying. Does your mentor have any advice/tips for particular courses?
- What ideas and expectations did your mentor have after graduating university? Tell them about your plans for after you graduate.
- Discuss how your mentor's life experiences, including travel, family and extra-curricular activities have had an impact on their career to date.
- What types of roles has your mentor experienced e.g. contract or casual work, flexible work arrangements/working from home, permanent position in an office environment, starting/managing your own business etc.

MENTOR'S CAREER PATHWAY

- Ask about your mentor's work experience history. Has their career pathway been a linear progression? Have they changed career pathways or seeking to?
- What tasks do they complete in their current position from day to day?
- Ask about any challenges your mentor has faced in job searching and along their career pathway.
- Have your mentor outline some of the advantages of their chosen career path, and why they chose it.
- What is your mentor's biggest career achievement to date? What are they most proud of?

CAREER PLANNING

- Think about your strengths and skills and share them with your mentor. You can use your "strengths insider report" as a resource for this conversation.
- Are these strengths/skills reflected in your CV? Share your CV with your mentor and discuss how you could make any changes to articulate your strengths in a better or more engaging way.
- Tell your mentor what you are looking for (ideally) in a future job. Think about job satisfaction, financial reward, helping the community, achieving results etc.
- Discuss what your short and longer-term career goals are. Are you planning to study further or go straight in to the workforce?
- Have you identified any companies that you might like to work for or graduate positions/entry level roles you are interested in applying for? Discuss the application process with your mentor and any tips they may have.
- Discuss what activities you could be doing now to help with your career goals. Explore strategies aimed at improving your ability to gain employment.

NETWORKING

- Practice your networking skills at the launch event and ask your mentor for some feedback. Ask your mentor to share some of their own networking tips and experiences.
- Discuss any concerns you may have about networking, what to say, small talk etc.
- Ask your mentor about any good opportunities to look out for in the future. Discuss possible professional organisations to join, continuing education opportunities and publications or subscriptions of interest.
- Practice your 'elevator pitch' with your mentor to gain confidence in introducing yourself at networking events. You could also focus on your written introduction for LinkedIn or a cover letter.