

Create change

Student Futures Team, Faculty of Humanities and Social Sciences

HASS CONNECT MENTORING PROGRAM

GUIDELINES FOR MENTEES



HASS CONNECT MENTORING PROGRAM

Build Confidence. Broaden Understandings. Make Connections.

HASS Connect aims to bring together respected and engaged industry professionals with enthusiastic and driven HASS students to explore career options and goals. As a mentee, you will receive guidance through a one-to-one mentoring relationship to gain a deeper appreciation of how your academic studies can be applied in the workplace.

HASS Connect aspires to build confidence in students to identify their potential career pathways, increase their professional networks, broaden their understandings of their transferable skills and expand their ability to articulate their employability to others.

WHAT IS MENTORING?

Mentoring is an encouraging, supportive and professional relationship that can have profound effects on both the mentees and mentors.

An effective mentoring relationship is underpinned by the values of respect, reciprocity and a growth mindset. The relationship is a space for honest communication, listening with an open mind and valuing differences. It is important to recognise that mentoring has mutual benefits for everyone involved, and is about people learning with and through one another.

THE PROGRAM

HASS Connect is offered each semester from February to June and July to October and is facilitated by the Student Futures team. Throughout the program, the mentor and mentee will work together to drive the learning experience through a minimum of four face-to-face meetings.

As a mentee, you will also be involved in a series of workshops, networking events, and information sessions that will enable you to make the most of the experience.

STAGES OF THE PROGRAM

- A compulsory induction - an introduction to the HASS connect mentoring program
- Professional communication and networking workshops
- Connect with your mentor - reach out and introduce yourself
- Attend a launch networking event – meet your mentor in a safe and supportive environment
- Mid-way check-in - a chance to share your progress and let us know of any concerns
- Reflection and feedback – complete an exit survey sharing your experiences and feedback for improvements
- Celebration – attend a networking celebration event at the conclusion of the program

Each element of the program has been designed to help you increase your understanding of your potential future pathways, and build your confidence to start creating it.

The time commitment expected from each mentee will be approximately 16 hours over the semester.



EXPECTATIONS OF MENTEES

It is expected that you will be committed to the full duration of the program, and be motivated to immerse yourself within all elements of the program. As a mentee, it is expected that you:

- Initiate contact with your mentor
- Meet a minimum of four times throughout the program
- Meet face to face, but we understand that this is not always possible and it may be easier to connect via phone/skype on occasion
- Meet your mentor in a safe environment e.g. on campus, at their workplace, in a neutral location such as a café
- Communicate your expectations by setting up a mentoring agreement with your mentor outlining expected communication methods, frequency and location of meetings and your goals and objectives
- Think about your goals before meeting with your mentor
- Negotiate activities in order to achieve your goals
- Learn to accept feedback in a constructive way
- Remain open-minded and embrace the learning opportunity

EXPECTATIONS FROM MENTORS

- Respect your mentors privacy and confidentiality when they are sharing their experiences: Do not disclose information without their consent
- Keep your scheduled appointments
- Refrain from contacting your mentor excessively, understand that they are a busy professional
- Maintain a professional manner and respect professional boundaries
- Show appreciation, remember that your mentor has volunteered their time to help you

ELIGIBILITY

Places are limited. To participate you must:

- Be enrolled in a HASS undergraduate degree (including dual degree students and honours students)
- Be in your second year or above (have completed at least 16 units in your program)

The team will evaluate entrance into the program based on your application responses and are looking for applicants who:

- Can clearly articulate their motivations for being part of the program
- Can clearly outline their expectations of what they will achieve in the program
- Can outline their career goals

Preferences will be given to students who are in their final year of study.

HOW TO APPLY

Information about the application process can be found on the [Student Futures website](#).

You will be required to upload supporting documentation as part of your application, including:

- Your unofficial transcript (available through Sinet)
- Your CV

HAVE A QUESTION?

For more information or if you have any questions please contact the HASS Student Futures team via: studentfutures@hass.uq.edu.au.

