

CREATE CHANGE

HASS Connect Mentoring Program

Guidelines for mentors



HASS Connect Mentoring Program

Build Confidence. Broaden Understandings. Make Connections.

HASS Connect aims to bring together engaged industry professionals with enthusiatic HASS students to explore career options and goals. As a mentor, you can play a vital role in helping students to navigate the transition from study to the workplace, building their confidence to identify potential career pathways, increase professional networks and articulate their employability to others.

Program Details

HASS Connect is a volunteer program that runs twice throughout the year in March to June and July to October. You will be matched with a current HASS student based on your studies, shared interests and area of expertise.



Connect with your mentee

- · your mentee will contact you to introduce themselves and arrange initial meeting
- complete the Mentoring Agreement together

Build your relationship

- · attend the HASS networking event with your mentee
- meet with your mentee at least four times (in-person/phone/email/or online)



Reflection and Celebration

- complete a feedback form to share your experiences and offer recommendations
- attend the celebration networking event with your mentee



"Tapping into the experience of a seasoned media worker by learning first-hand what it means to apply yourself is an opportunity I will be forever grateful for accepting. Through his tutelage, I managed to expand my professional network, fine-tune my CV and cover letters, learn to appreciate myself and my strengths, and made a friend and reference for the rest of my career."

Julian Lehnert with his mentor Steve Haddan

What to expect

The HASS Student Futures Team really appreciate the time and commitment you are volunteering to this program. As a mentor, you are committing to regular contact with your mentee, sharing your experiences and offering guidance throughout the program. By participating in this program it is advised that you:

- Understand your role as a mentor is to listen and guide the mentee, and you are not obliged to take on any other roles such as a counsellor, or friend
- Set aside uninterrupted time to meet with your mentee and ensure that you respond in a timely manner to these meeting requests
- Actively listen to your mentee and provide constructive feedback where appropriate
- · Attend the networking events wherever possible
- Communicate with your mentee to organise meetings in an appropriate setting e.g. on university campus or at a cafe
- At the first meeting, it is expected that you will complete the mentoring agreement with your mentee and discuss expectations surrounding contact, communication, goals and topics for discussion with your mentee
- Maintain the privacy and confidentiality of information that is shared during the mentoring relationship
- Contact the HASS Student Futures Team whenever there are concerns or queries.

The mentee is expected to:

- Respect your privacy and confidentiality and not disclose information without consent
- Keep your scheduled appointments
- Refrain from contacting you outside of agreed times
- Maintain a professional manner and respect professional and personal boundaries
- Show appreciation for your time, effort and commitment
- Understand that your mentor is there to guide you and is not obliged to take on any other roles such as a counsellor, or friend. Rather, it is expected that you engage professionally and respectfully

Please be aware that it is not appropriate for the mentee to:

- Expect work experience or employment
- Ask for help with assignments

How to apply

Further information and the link to apply is on the Student Futures website: <u>https://hass.uq.edu.au/hass-industry-mentoring-program</u>

YOUR IMPACT - We surveyed students before and after the program to find out what they gained from participating.

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To what extent do you feel confident identifying potential career options?

BEFORE

19%

of students reported feeling confident or extremely confident identifying career options before the program

AFTER

60% of students felt confident or extremely confident identifying potential career options

151

To what extent have you built professional networks with industry?

BEFORE

8%

of students reported having built professional networks somewhat, with no students having built their professional networks a lot or a great deal

AFTER

73%

of students reported they had built their professional networks somewhat, a lot, or a great deal



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How to register

Further information and the link to apply is on the Student Futures website



Visit the website

<u> https://hass.uq.edu.au/hass-industry-mentoring-program</u>



Contact us

Visit: Room E225, Level 2 Forgan Smith Building (1) St Lucia Campus Email: studentfutures@hass.uq.edu.au Call: +61 7 3443 2497

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