

HASS Connect Mentoring Program

Guidelines for students



HASS Connect Mentoring Program

Build Confidence. Broaden Understandings. Make Connections.

HASS Connect aims to bring together engaged industry professionals with enthusiastic HASS students to explore career options and goals. As a student mentee, you will receive guidance through a one-to-one mentoring relationship to gain a deeper understanding of the transition from student life to the workplace.

Program Details



Introduction to mentoring

- receive confirmation of your placement in the program
- complete the compulsory online induction
- attend the professional development workshops



Connect with your mentor

- contact your mentor to introduce yourself and arrange initial meeting
- complete the Mentoring Agreement



Build your relationship

- attend the HASS networking event with your mentor
- meet with your mentor at least four times (in-person/phone/email/or online)
- keep notes from your discussions



Reflection and Celebration

- attend the end of program workshop
- complete a feedback form to share your experiences and offer recommendations
- attend the celebration networking event with your mentor



" My mentor was genuinely interested in how he could help me grow and navigate the transition from university to the workplace. The individualised nature of the program meant that I was able to get the most out of the experience and the group networking sessions were fantastic for testing out interview techniques in a safe and supportive environment. I now have direction and great contacts for the future - I couldn't recommend the program enough."

Georgie Saunders with mentor Aaron Teo

What to expect

Expectations of Mentees

It is expected that you will be committed to the full duration of the program, and be motivated to immerse yourself within all elements of the program. As a mentee, it is expected that you:

- initiate contact with your mentor
- connect a minimum of four times throughout the program (in person/phone/email/or online)
- meet your mentor in a safe environment e.g. on campus, at their workplace, in a neutral location such as a café
- communicate your expectations by setting up a mentoring agreement with your mentor outlining expected communication methods, frequency and location of meetings and your goals and objectives
- think about your goals before meeting with your mentor
- negotiate activities in order to achieve your goals
- learn to accept feedback in a constructive way

Expectations from mentors

- Respect your mentors privacy and confidentiality when they are sharing their experiences
- do not disclose information without their consent
- keep your scheduled appointments
- refrain from contacting your mentor excessively, understand that they are a busy professional
- maintain a professional manner and respect professional boundaries
- show appreciation, remember that your mentor has volunteered their time to help you

Eligibility

Places are limited. To participate you must:

- Be enrolled in a HASS coursework program
- Be in your second year or above (for undergraduate students)
- Preferences will be given to students who are in their final year of study.

How to apply

Further information and the link to apply is on the Student Futures website: <https://hass.uq.edu.au/hass-industry-mentoring-program>





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How to register

Further information and the link to apply is on the Student Futures website



Visit the website

<https://hass.uq.edu.au/hass-industry-mentoring-program>



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