

COVID-19 (coronavirus)

What you need to know



How does the virus spread?



Coughing and sneezing



Close personal contact, such as touching or shaking hands



Touching an object or surface and then touching your mouth, nose, or eyes before washing your hands

Signs and symptoms



Fever



Cough



Sore throat



Fatigue



Shortness of breath and breathing difficulties

How can I protect myself?

- Frequently clean your hands by using alcohol-based hand rub or soap and water
- When coughing and sneezing, cover mouth and nose with a flexed elbow or a tissue – throw the tissue away immediately and wash hands
- Avoid close contact with anyone who has a fever and cough
- Avoid touching your face



What should I do if I get symptoms?

- Stay at home and recover
- Call your General Practitioner (doctor) or UQ Health Care and explain your symptoms and any travel history



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