



THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA

CREATE CHANGE

# HASS CONNECT MENTORING PROGRAM

Introduction Workshop, Semester 1 2021

# Acknowledgment of Country

The University of Queensland (UQ) acknowledges the Traditional Owners and their custodianship of the lands on which we meet.

We pay our respects to their Ancestors and their descendants, who continue cultural and spiritual connections to Country.

We recognise their valuable contributions to Australian and global society.



# The Team...



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# Outcomes

1. To help you understand overall program expectations and aims.
2. To provide an opportunity to meet program staff and other mentees.
3. To help you articulate your SMART goals for the program.
4. To provide an opportunity for you to practice your elevator pitch and introducing yourself.
5. To build up confidence ahead of the online Program Launch event coming in week 4.

## Lessons From The Online Module

- It is important to keep mentoring notes from meetings to help with reflection
- By using the SMART goals method you can ensure that your goals are achievable in the designated timeframe.
- An elevator pitch should be short and concise and should not include anything too personal
- It is important to be professional with your mentor and meet in a safe place

**What did you learn from the online module?**



# What is mentoring?

Add your thoughts about mentoring to the following Word Cloud!



# What is Mentoring?

- Mentoring is the sharing of knowledge, insight, perspective or wisdom
- More than ‘just a chat’, you need to have a common understanding of your role in the relationship
- It’s about mutually beneficial relationships

# Activity 1: Group Discussion

## **Instructions:**

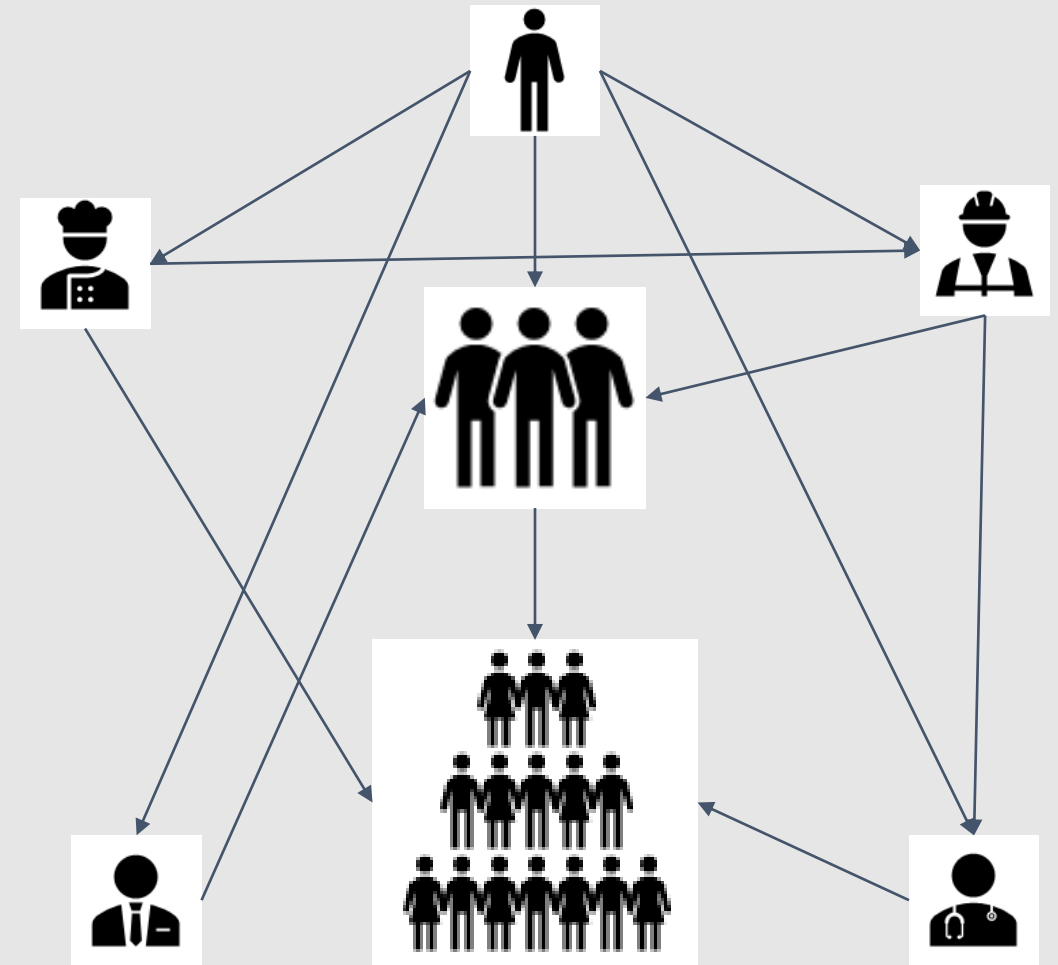
What motivated you to sign up for the HASS Connect Mentoring Program?

Consider this a practice run for meeting your mentor for the first time!



# Why network?

- The hidden job market - most jobs aren't listed online or in print
- It's a simple way to make connections and build up your contacts in the industry
- It's mutually beneficial and tailored to your preferences
- It's proactive! Create your own opportunities
- Opportunity to learn from others' experiences



# Elevator Pitch

## What goes into an Elevator Pitch:

- Name
- Educational background
- Professional experiences
- Important skills
- Be yourself
- Add value
- Avoid: Hobbies/Interests, Cliché Words, anything too personal
- Practice Practice Practice!

## Activity 2: Approaching your mentor or another industry partner during networking

### Role-Play

- Have one person play the student and the others, as mentors
- Practice with each other how will you approach and introduce yourself to the mentor when you meet for the first time.



## Writing to your mentor

- Introduction Email (see example)
- Research your mentor:
  - LinkedIn Profile
  - Company background and info
  - Company LinkedIn profile
- If they are in Brisbane/UQ:
  - Ask them for coffee
- If they are online:
  - Ask if they are available for a telephone/video meeting
  - Time zones

Good morning MENTOR,

My name is Dipanshu and I am a 2<sup>nd</sup> year BSc/BA student, majoring in geology and anthropology. As you may be already aware, I am your mentee for the HASS student connect mentoring program. Thank you for agreeing to be my mentor for the next 13 weeks.

I do not have any experience participating in a mentoring program previously, but I cannot wait to see the outcomes of an experience such as this which is so specific to the Humanities and Social Sciences. I hope to build my networking skills and hope to be guided into the best ways to utilise UQs programs to help with employment, as well as valuable skills such as CV writing and LinkedIn.

Currently, I do not really have any experience in the field of anthropology but I would really like to further my understanding about the field outside the classroom. I hope that we can focus on potential ways by which I can further my professional skills.

I hope you will be able to help me achieve these goals and that we are able to develop a meaningful partnership. Here is a link to my LinkedIn, if you would like to get to know more about me. LINK!

Will you be attending the Launch Event on the 16<sup>th</sup> March? Looking forward to our potential first meeting.

Kind regards,  
Dipanshu Sharma

# Mentoring Agreement

- What draft goals will you talk to your mentor about?
- What goals do you think your mentor can help you with?

## Reminders:

- Due Date: 26 March
- First check-in: Week 8

## HASS CONNECT MENTORING PROGRAM

BUILD CONFIDENCE. BROADEN UNDERSTANDINGS. MAKE CONNECTIONS.



### AGREED OBJECTIVES AND DESIRED OUTCOMES:

What do you hope to achieve from the mentoring relationship? Outline four specific, realistic goals that can be reviewed throughout the program.

- 1
- 2
- 3
- 4

## Activity 3: Approaching your mentor

### What questions to ask your mentor?

#### (Yes/No?)

- How much do you make?
- Can you help me get a job?
- What was your first job in the industry like?
- Can you help me with my assignment please?



# Keeping track of your mentoring journey

## How can Trello help you?



- Keep track of your SMART goals
- Note down all action items after a meeting with your mentor
- Keep a record of all important notes and takeaways from your meeting
- Share your board with your mentor so both can keep a track of your progress

## Other options:

- Trello is one option - is using a physical diary or notebook more suitable for you?
- Ultimately, ensure you are keeping track and reflecting on your progress

## Activity 4: Refining your SMART goals

- Discuss with your group one of your SMART goals and why it is important for you?
- Refine your goal so that it is more SMART.
- Example:

*"In 3 months, by the end of this program, I will expand my love of learning by reading one new book every month, relevant to my goal of becoming a social worker."*

*"I will obtain a job as a high school maths teacher within three months of graduating with my bachelors degree."*





# To do:

- Complete the online induction if you haven't already
- Create your LinkedIn account in preparation for the next workshop
- You will get your mentor's details on Monday 8 March so please take the initiative and contact your mentor first



# Upcoming Milestones...

## Development Workshop

Wednesday, 10 March, 5pm - 6pm (**Undergrad**)

Wednesday, 10 March, 6pm - 7pm (**Postgrad**)

Location: Zoom

## Program Launch

Tuesday, 16 March, 6pm - 7:30pm

Location: via **zoom**

## Industry Network Evening

Thursday, 18 March, 6pm - 8pm,

Location: **Natural Amphitheatre**

## Mentoring Agreement Due

Friday 26 March

## Mentoring Sessions

Minimum of 4 times throughout program

## Mentoring Check-ins

Two week and mid-way

## Reflection Workshop/Celebration

Week 12



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# Let us know your thoughts!





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Thank you! Any questions?